Assabet Valley Mastersingers
Health and Safety Protocol


AVM Health and Safety Statement
It is an AVM core value to be responsible and proactively community minded. As such AVM protocols exceed relevant Scientific and Regulatory guidance on COVID-19 risk mitigation for the highest possible safety of all performers and concert attendees.

Health and Safety Protocols for the 2022-2023 season are subject to change. All concert attendees should check the Safety and Health guidelines at www.avmsingers.org within 10 days before each concert.

The AVM Response Team for Safe Singing will continue to monitor the health environment and may propose modifications in the future.

AVM Vocalists:

- Performers are required to show proof of vaccination against COVID-19 and strongly recommended to have all appropriate COVID-19 boosters.
- The wearing of masks to rehearse and perform will be a matter of personal choice, however, masking is fully supported. There will be a reserved mask only section for those who prefer that environment both at rehearsals and performance.
- AVM vocalists should not attend rehearsals or performances if they are experiencing any new symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, otherwise unexplained diarrhea, nausea, vomiting, or new loss of taste or smell.
- AVM vocalists who test positive for COVID-19 and are asymptomatic or have mild symptoms should stay home for at least 5 days and wear a mask for 10 days after the positive test or from the day symptoms began.
- Vocalists with known or suspected exposure to COVID-19 should mask during rehearsal if it falls within the first 10 days after exposure.
- There will be no food or snacks at rehearsals.
- Beverages are restricted to water.

Health and Safety Protocol for Website and Concert promotion:

Proof of vaccination is not required and wearing of masks is fully supported but not required. There will be a reserved mask only section for those who prefer that environment.

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